

Home Management- Home Maintenance/Security

Adapted with permission from the Helen Keller National Center

The purpose of this checklist is to consider some specific skill sets that correlate with living a holistic and successful life and to determine whether the "gaps" are things that you, as the parent, are going to purposely teach; whether partial participation can be expected, or if this is something that needs to be done for their son/daughter, honoring his/her choices as much as possible.

The young adult:	Teach it	Does he/she (Do I) want to learn it?	Partial Participation	Fully support (do for)
Replaces light bulbs				
Uses plunger				
Uses caustic materials safely				
Contacts someone to service appliances				
Locks doors				
Unlocks doors				
Opens/closes curtains				
Uses wall socket plugs				
Uses fire extinguisher				
Uses fire alarm				
Carries, uses, and secures keys				
Checks who is at door before opening				
Does not give home information to strangers				
Recognizes and responds to dangerous situations				
Practices safety evacuation, at home, at work				
Safety evacuations are independent				

Safety evacuation require		
supervision Understands that an X drawn on his/her back means there is an		
emergency, s/he should take the guide's arm and the specifics will be conveyed after they reach safety.		
Understands basic fire- escape procedures: feel wall doors, doorknobs for heat before opening		



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